

OBSTRUCTIVE SLEEP APNEA (OSA) IN DENTISTRY



Obstructed sleep apnea (OSA) has a higher prevalence in patients seeking dental care. This online independent education program is to update dental healthcare professionals to identify symptoms and treatments for patients with obstructive sleep apnea. This course, will overview the dental perspective: Screening, diagnosis, treatment options, appliance treatment, mandibular positioning techniques, and follow-up reevaluations.

Upon completion of this course, you will be able to:

- Discuss the significance of sleep Apnea and differentiate between snoring and sleep apnea.
- Understand normal breathing and airway anatomy and the problems and variants that lead to snoring and obstructive sleep apnea
- Recognize the signs and symptoms and risk factors of OSA
- Understand the role of dentists in diagnosing OSA
- Identify the treatment options for OSA
- Recognize the side effects of oral appliance therapy and its management.

Contact Hours : 3 (Three)

Fee: \$25 Per Student

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Teaching Method: Online Independent Self-Study Course (Training + Post-Test). Requires Computer, and Internet.

Course Completion Certificate : A Printable (Pdf) Certificate By Email.



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