

# PERINATAL DEPRESSION EARLY IDENTIFICATION & MANAGEMENT



This online independent study module is approved by the Florida & District of Columbia Nursing Boards. This online training module has been developed to provide the most current recommendation and guidelines on Identification and Management of Perinatal Depression.

## Upon completion of this course, you will be able to:

- Discuss the prevalence, etiology, and risk factors of perinatal mood and anxiety disorders.
- Recognize symptoms and differentiate among disorders.
- Discuss the disorders' potential impacts on the child's development and mother-infant relationship.
- Describe screening tools and list effective treatment approaches.
- Discuss maternal depression with families and provide appropriate management and referrals.

## Contact Hours : 4 Hours

**CE Broker Course ID: 20-306551** (We automatically report registered course completions by Florida & District of Columbia license holders to the CE Broker system)

**For Non-Florida & DC Professionals :** Course Completion Certificate (PDF—By Email)

**Approvals:** Biologix Solutions LLC is an accredited provider of continuing education by California Board of Registered Nursing, Florida Board of Nursing and District of Columbia Board of Nursing.