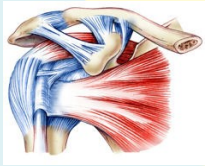


ROTATOR CUFF INJURIES



This course provides physical therapy professionals with a comprehensive overview of rotator cuff injuries and examines medical treatment options, physical therapy interventions approaches to the problem. This course provides key information about the shoulder and the rotator cuff, and describes common pathologies a physical therapist may encounter. The course offers insight into examination and evaluation, as well as outlining treatment and rehabilitation considerations for the practitioner.

Upon completion of this course, you will be able to :

- Describe the anatomy and biomechanics of the muscles of the shoulder joint.
- Understand the etiology and classification of rotator cuff injuries.
- Describe and differentiate different types of rotator cuff tears.
- Understand the non-operative techniques for treatment of rotator cuff tears.
- Describe the rehabilitation principles involved in treatment of rotator cuff injury.
- Develop an appropriate exercise program for injury rehabilitation by incorporating stretching and strengthening techniques.

Author: Elizabeth Anderson, MPT, MPH

Contact Hours : 3 Hours (0.3 CEUs)

Teaching Method : Online Independent Self-Study (Training + Post-Test)

Course Starting-Ending Time: Participant will be provided with unique training link to access the course any-time from anywhere. The course can be completed in more than one sitting (in-built bookmark feature remembers last point of visit). The course access and post-test data is recorded in real time for score submission.

Target Audience: PTs, PTAs, OTs, OTAs, Nursing and Other Healthcare Professionals

Cost: \$25 / Participant

Course Completion Certificate : A Printable (Pdf) Certificate By Email

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