

SACROILIAC JOINT (SIJ) DYSFUNCTION



This course is intended to provide the most current information on proper evaluation techniques to address lumbopelvic problems in patient with sacroiliac conditions. The course emphasizes on mobilization techniques for positional faults, physical therapy and rehabilitation through therapeutic exercises to treat sacroiliac conditions.

Upon completion of this course, you will be able to learn:

- The Anatomy of the sacroiliac joint and the pelvic girdle.
- The understanding of proper kinematics of the lumbopelvic complex.
- The different types of problems related to the sacroiliac joint when looking at SIJ dysfunction from the simplistic model.
- The proper evaluation techniques and improve their ability to address lumbopelvic problems as well as lumbar and hip related Issues.
- The basic approaches to physical therapy and rehabilitation for persons with sacroiliac conditions.
- Some of the current literature of the sacroiliac joint.
- Effective treatment programs for patients with SIJ dysfunction.

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Contact Hours : 5 Hours (0.5 CEUs)

Teaching Method : Online Independent Self-Study (Training + Post-Test). Need Computer & Internet Access.

Target Audience: PTs, PTAs, OTs, OTAs, Nursing and Other Healthcare Professionals

Cost: \$40 / Participant

Course Completion Certificate : A Printable (Pdf) Certificate By Email / Mail (If Requested, we will mail printed certificate at no additional cost)

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