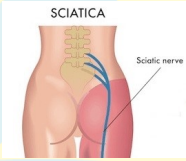


SCIATICA : A COMPREHENSIVE APPROACH IN EVALUATION, DIAGNOSIS AND TREATMENT



This course provides comprehensive overview of symptoms, potential causes of sciatic pain, evaluation, diagnosis, and various treatment / therapy applications that are known to be effective in treating debilitating pain of the lower extremities.

Upon completion of this course, you will be able to learn:

- Define sciatica and common medical terms for sciatic pain
- The signs and symptoms of sciatica
- The most common site of nerve root compression
- The pathophysiology, anatomy, and sensory functions of the sciatic nerve
- The risk factors and causes of sciatica
- The diagnostic testing for etiology of sciatica
- The role of conservative management in sciatica
- The components of a thorough subjective history in physical therapy evaluation
- The elements of objective examination and interpretation of objective findings to determine etiology of sciatica
- The role of modalities in management of sciatic pain
- The anatomy and pathophysiology of spinal disc herniation
- The physical therapy treatment considerations for spinal disc herniation
- Define derangement syndrome
- The clinical applications of the McKenzie technique for derangement syndrome
- Define neural gliding and neural flossing
- The anatomy, pathophysiology and function of the piriformis muscle
- The clinical treatment of piriformis syndrome
- Define spondylosis
- Define spinal stenosis
- Treatment considerations for spinal stenosis
- Define spondylolisthesis
- The types of spondylolisthesis
- The pathophysiology of musculotendinous injuries causing sciatica
- Appropriate treatment options for sciatica caused by musculotendinous injuries
- The role of pregnancy in causing sciatica
- Appropriate treatment options for pregnancy related sciatica
- The role of posture and body mechanics in the causes and treatment of sciatica
- Importance of patient education in long-term management of sciatica
- Role of Occupational Therapy in management of pain due to sciatica

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Contact Hours : 5 Hours

Teaching Method : Online Independent Self-Study (Training + Post-Test). Need Computer & Internet Access.

Target Audience: PTs, PTAs, OTs, OTAs, Nursing and Other Healthcare Professionals

Cost: \$40 / Participant

Course Completion Certificate : A Printable (Pdf) Certificate By Email / Mail (If Requested, we will mail printed certificate at no additional cost)

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