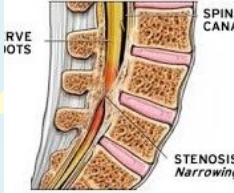


SPINAL STENOSIS : TREATMENT & MANAGEMENT



This online continuing education course contains general information about Spinal Stenosis. It describes the condition's causes, signs and symptoms, diagnosis & evaluation, surgical and non-surgical treatments, physical therapy management, and patient education. Spinal stenosis is a narrowing of spaces in the spine (backbone) that results in pressure on the spinal cord and/or nerve roots.

Upon completion of this course, you will be able to learn:

- The applied anatomy of the spine
- The types of spinal stenosis and the nerve roots most commonly affected.
- Etiology and the causative factors of spinal stenosis.
- The signs and symptoms and risk factors of spinal stenosis
- Evaluation and diagnosis of spinal stenosis
- Appropriate treatment strategies for spinal stenosis, including medical management, physical therapy, and surgical approaches.
- Patient education, prevention and counseling

Author: Elizabeth Anderson, MPT, MPH

Contact Hours : 4 Hours (0.4 CEUs)

Teaching Method : Online Independent Self-Study (Training + Post-Test)

Course Starting-Ending Time: Participant will be provided with unique training link to access the course anytime from anywhere. The course can be completed in more than one sitting (in-built bookmark feature remembers last point of visit). The course access and post-test data is recorded in real time for score submission.

Target Audience: PTs, PTAs, OTs, OTAs, Nursing and Other Healthcare Professionals

Cost: \$35 / Participant

Course Completion Certificate : A Printable (Pdf) Certificate By Email / Mail (If Requested, we will mail printed certificate at no additional cost)

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