

## OSTEOARTHRITIS OF THE HAND - A MULTIDISCIPLINARY APPROACH



This course focuses on applicable definitions and terminology; the normal joint anatomy and functional position of the CMC joint of the thumb, the PIP joints, and the DIP joints; the etiology and pathology of Osteoarthritis of the Hand (OA); the medical diagnosis and treatment of OA; and the role of therapy as it pertains to OA.

### Upon completion of this course, you will be able to learn:

- Discuss anatomy, etiology and pathophysiology of osteoarthritis
- Recognize the normal joint anatomy and functional position of the hand
- Describe clinical presentation of osteoarthritis (OA) of the hand
- Discuss risk factors for the development of osteoarthritis (OA) of the hand
- Discuss medical diagnosis of osteoarthritis (OA) of the hand
- Discuss medical and alternative management of osteoarthritis (OA) of the hand
- Discuss physical therapy and occupational therapy management of osteoarthritis (OA) of the hand and post-surgical rehabilitation.

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**Contact Hours:** 4 Hours (AOTA CEUs—0.4)

**Cost:** \$30 / Participant

Instructional Methods: Online Independent Self-Study (Training + Post-Test). A minimum passing score of 70% is required for course completion. A Printable (Pdf) Certificate By Email.

**Target Audience:** OTs, OTAs, PTs, PTAs and Other Healthcare Professionals

**Educational Level:** Intermediate

**Prerequisites:** None

**AOTA Classification Codes:** Category 2—Occupational Therapy Process

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