

POST-TRAUMATIC STRESS DISORDER



The purpose of this course is to enable healthcare professionals to define post-traumatic stress disorder, etiology, triggers, warning signs, understand its impact, and be prepared to intervene appropriately in assessment, diagnosis, treatment, and prevention of the disorder.

Upon completion of this course, you will be able to learn:

- Define post-traumatic stress disorder.
- List the three defining features of PTSD.
- Understand causes of PTSD.
- Identify alternate names for PTSD.
- Be aware of risk factors for PTSD.
- Recognize signs and symptoms of PTSD.
- Identify ways PTSD can be prevented.
- Define resilience as it relates to PTSD.
- Identify protective factors for development of PTSD.
- Identify worsening factors for development of PTSD.
- Identify tests for diagnosis of PTSD.
- Understand diagnostic criteria for PTSD.
- List treatment interventions for PTSD.
- Understand results of untreated PTSD.
- Understand considerations for treating a client with PTSD.
- Recognize warning signs of an acute episode of PTSD.
- Understand techniques to manage an acute episode.
- Know when to refer a client with PTSD.
- Know to whom to refer a client with PTSD.

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Contact Hours : 4 Hours

Teaching Method : Online Independent Self-Study (Training + Post-Test)

Course Starting-Ending Time: Participant will be provided with unique training link to access the course anytime from anywhere. The course can be completed in more than one sitting (in-built bookmark feature remembers last point of visit). The course access and post-test data is recorded in real time for score submission.

Target Audience: PTs, PTAs, OTs, OTAs, Nursing and Other Healthcare Professionals

Cost: \$30 / Participant

Course Completion Certificate : A Printable (Pdf) Certificate By Email / Mail (If Requested, we will mail printed certificate at no additional cost)

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